



National Governing Body for precision target and shotgun shooting for the physically disabled

## Para Sport - Great Britain Shooting

### Introduction

#### **Who are we?**

#### **How can you interact with us to promote shooting for the disabled and deliver the legacy of the 2012 Paralympic Games?**

We are the National Governing Body for precision target and shot gun shooting for the physically disabled and we have for the past thirty years been encouraging disabled persons to participate in all aspects of target and shotgun shooting. Along the way we have identified, trained and delivered athletes who are able to compete in the National Team at IPC International competitions and the Paralympic Games. Disability shooters have an excellent record of achievement at the highest level. The Company structure can be found in the Appendix. However, our work is not entirely devoted to those athletes who can participate in the International competitions as they only represent a very small proportion of all disabled shooters. The majority of our work is in the field of promoting a sport for all disabled persons. In the past this has been focused on the work we do with Wheelpower who are based at Stoke Mandeville Stadium helping to run such events as The Spinal Unit Games, Junior Games and Limb Power Games but we also work with other organisations to promote Para sport. The majority of our work is undertaken by volunteers and we are always on the lookout for new volunteers who can come and help with the major events we organise.

For the 2012 Games in London, we delivered a team of 12 athletes who secured three medals, four finals placings and three World Records and over half the Team only started serious training in 2008.

We are now well into the Paralympic cycle for Rio in 2016 and we are on the hunt for the next generation of World Class athletes to take us forward to Tokyo.

To achieve our goal of finding at least 10 talented individuals who have the desire and focus to become Paralympians, we need the help of identified local clubs who want to participate in this exciting task and become local centres of excellence linked directly to the National Governing Body and the World Class Performance programme.

In this quest, you have the opportunity to be part of this programme by becoming a recognised Para Sport and Talent ID HUB.

For this cycle, we have devised a new plan that will involve selected local clubs in a much closer relationship with the work of the National Governing Body and our Paralympic development programme.

The essential elements of the programme are:

1. To help local area instructors and coaches identify talent at an early stage.  
Our Talent ID and Assessment programme has produced over 20 World Class athletes in the past 8 years.  
Spotting talent at an early stage is an art, not a science. To improve the ability of local coaches to identify real talent, we wish to pass on our skills to identified coaches who can then, through greater understanding and ability, be able to more accurately assess and train the potential elite performer.
2. The placement of identified talent on the right training programmes early is one of the secrets to elite performance as it avoids the need for retraining when an athlete joins an elite training programme.
3. To ensure that all disabled athletes receive training suitable to their limitations.
4. Give guidance on the design of any specialist equipment, allowed within the rules that may be required to give the athletes the best advantages.  
Knowledge in this field is constantly evolving, so by working closely with the NGB will give your team the most up to date information on how to become more effective in the facilities and training methods on offer to your members.
5. To build closer working relationships with your coaches.  
We will seek to invite them to training sessions at Stoke Mandeville where they will be able to discuss training plans, share experiences and develop new techniques direct with the National Coaches to ensure that training plans written for athletes accepted on the programme are continued at local level under the watchful eye of the local coaches.
6. Improve the status of your coaches and instructors by giving them the opportunity to add to their existing qualification a Para Sport National Coaches Certificate. To gain entry to this course coaches must have first passed one of the NSRA, NRA or CPSA basic instructor or coach's courses. If they have not already obtained a pass in one of these courses, we are able to offer air & .22 courses at our facilities at Stoke Mandeville and if your club becomes part of our HUB System, subsidised training fees are available.  
At Stoke Mandeville, we also run preparation courses for those wishing to take the ISSF course as a pre requirement of taking the IPC referee course.
7. By developing coaches in this way, there may be opportunities for local coaches to join the National Coaching team.
8. For those clubs who are willing to develop facilities for Para Sport athletes we can offer guidance in the steps that may be needed to make your ranges more Para Sport friendly, apply for grants available from Sport England specifically for the development of disabled shooting. We also have qualified surveyors available who can offer advice on facilities or changes that may be needed. In many cases, alterations to ranges to accommodate Para Sport athletes can often attract funding from a variety of sources.

The structure of the new HUB System can be found in the Appendix, so if working closely with the World Class Performance Programme excites you, join with Disability Shooting Great Britain and become a recognised Training HUB. Once accepted as a local HUB links to your club will be added to our own National Web site and Facebook accounts. You will also have a direct link to British Shooting.

If you are interested, the first step is to contact the CEO of Disability Shooting Great Britain. The

next step will be a visit to your club by the CEO and the Performance Director to discuss how you can join this exciting initiative to help give Para sport athletes the chance to become part of the Paralympic family.

**Contact Details:**

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**Col. B Pasan Kularatne (ret.) MSc. psc - Performance Director & Head Coach**

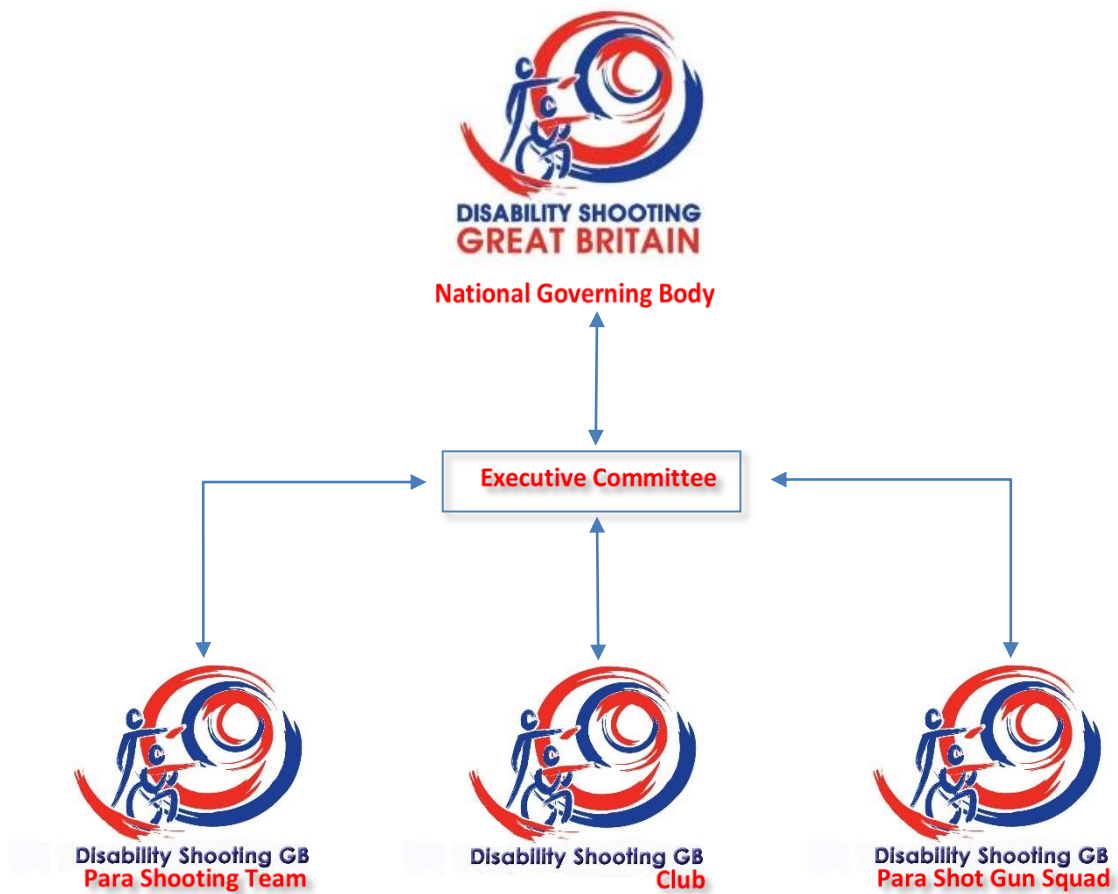
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# APPENDIX

## National Governing Body Structure





## Shooting Academy

Under the direction of DSGB

Performance Director

Col B. Pasan Kularatne (ret) MSc psc

